

Blended Intensive Programme (BIP)

“Baltic Sea Region and Cooperation”

Tallinn University, 3 March – 17 April 2026

Course Aim and Content

This programme introduces the Baltic Sea region and regional cooperation through both theoretical and practical perspectives. The course covers history, environmental collaboration, economic links, political and security cooperation, and cultural ties.

The goal is to provide students with a comprehensive understanding of cooperation in the Baltic Sea region and the ability to analyse related issues.

Target Group

BA and MA students in the field of **0310 – Social and Behavioural Sciences**.

Teaching language: **English**.

ECTS: 6

Virtual Component: 3–31 March 2026

- Independent study with video lectures and reading materials
- Written assignments for each topic
- Collaboration with TLU students and participants from partner universities
- Scheduled Zoom meetings:
 - 03.03 – Introductory meeting
 - 17.03 – Materials discussion & group formation
 - 31.03 – Preparation meeting before Tallinn week
- Group presentation preparation for the physical week

Physical Component in Tallinn: 6–10 April 2026

- Seminars and discussions
- Student group presentations
- Guest speakers involved in Baltic Sea cooperation
- Two field trips: one outside Tallinn and one to an organisation active in Baltic Sea cooperation
- Field trip costs are covered by the BIP
- Optional social/cultural activities (e.g., guided Old Town walk)

Teaching and Learning Methods

Lectures, seminars, group work, discussions, written assignments, presentations, and self-reflection.

Assessment

- Independent work and analytical tasks – 60%
- Group presentation – 20%
- Final assignment (reflection) – 20%

Expected Learning Outcomes

Upon completing the course, the student:

- understands the basics of regional cooperation;
- has knowledge of Baltic Sea states, their policies, and cooperation structures;
- can analyse and apply this knowledge;
- is able to discuss issues related to Baltic Sea cooperation.

Additional Information & Contacts

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